



Coming Clean: A Handbook (Paperback)

By Tom Gunn

Createspace, United States, 2010. Paperback. Book Condition: New. 201 x 124 mm. Language: English . Brand New Book ***** Print on Demand *****. If you think you have a drinking problem, you probably do. If you think you can handle it without any outside help, you re probably wrong. In fact, I ll bet you ve tried. And still have a problem. Thus begins Tom Gunn s Coming Clean, a handbook disguised as a memoir, a small book with a big message, a book that cuts through the excuses and puts a spotlight on the path to recovery. In this, Gunn is an expert-a well-practiced substance abuser from the age of fifteen who spent more than twenty years living in a self-induced fog before confronting his disease. He s been sober now for almost thirty years and has stories to tell. While readers will learn something about Tom Gunn, they will learn more about themselves Gunn, trained as a lawyer, became a super-salesman and served as head of international sales for one of the world s largest aerospace companies and as president of a helicopter company. For too many years, he avoided getting straight and thought he was doing just...



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Reviews

This publication is definitely worth purchasing. Yes, it is actually engage in, nevertheless an amazing and interesting literature. You can expect to like just how the author write this publication.

-- **Odie Dicki**

Very useful to any or all group of men and women. It is writter in basic words instead of difficult to understand. I realized this ebook from my i and dad recommended this publication to understand.

-- **Althea Fahey MD**