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Sport and Physical Education in the Middle Ages (Paperback)

By Earle F. Zeigler

Trafford Publishing, Canada, 2006. Paperback. Book Condition: New. 249 x 178 mm. Language: English . Brand New Book ***** Print on Demand *****.In Sport and Physical Education in the Middle Ages, Dr. Zeigler (ed. au.) divides the then-world's far West into Early Middle Ages (including Feudal Society) and Later Middle Ages (including the Renaissance). Nine qualified scholars provide 14 different historical analyses. In a final section, Zeigler provides a vertical analysis of the social forces influencing the times. The theology of The Church prevailed generally during this era, but there was discordance present also among the existing variations of theism, deism, pluralism, and humanism, a state that has persisted to the present. Thus there was a continuing need for professional warriors trained to help resolve their countries political problems, discords often linked to underlying religious dicta. To be a knight then, an irreducible maximum of physical training and conditioning was an absolute requirement. Even today, in a still highly contentious world environment, the military person would be wise to strive for the highest levels of skill, strength, and endurance as did the male counterpart of the Middle Ages. Due to advancing science and technology, the need for the military...



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