



## Zen (Mini Book with Gift Card Holder) (Hardback)

By -

Peter Pauper Press, Inc, United States, 2015. Hardback. Book Condition: New. 107 x 84 mm. Language: English . Brand New Book. In this complex world, it may be difficult to achieve mindfulness and far too easy to lose one's sense of self. Let this little volume provide a bit of zenspiration. Appealing mini book is filled with calming proverbs, haikus, quotes, koans, wisdom, and humor. Classic and favorite samplings from sages East and West, such as Buddha, Thich Nhat Hanh, Steve Jobs, Walt Whitman, and many more. Keep a copy in your desk or bag to provide inspiration at work or on the go. Soft leather-like cover material is made in Italy. Water lily cover design in teal and white is complemented by gilded silver page edging. Includes an elegant teal-hued ribbon bookmark to keep your place. Tiny book makes the perfect gift. A special feature: Mini book includes an inside front cover pocket sized just right for a gift card. 3-1/4 inches wide by 4 inches high (8.3 cm wide by 10.2 cm high).



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### Reviews

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-- **Claudine Jerde**

*This book is really gripping and fascinating. Of course, it is actually play, nonetheless an interesting and amazing literature. You will not feel monotony at anytime of the time (that's what catalogs are for about if you request me).*

-- **Delbert Gleason**